

Quantum Geometry, Inflation and a Small Cosmological Constant

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Abstract

Inflation is shown to be a natural consequence of quantum geometry, a canonical quantization of gravity. An inflaton is not required, but can be coupled resulting in large initial values. The mechanism is a modified density a^{-3} which results from quantum geometry.

Quantum geometry (loop quantum gravity) is a canonical quantization of gravity based on Ashtekar's variables. In contrast to the old Wheeler–DeWitt quantization it has a mathematically well-defined structure and predicts that the geometry of space and time is discrete.

One example, the spatial volume spectrum, is in the isotropic case of loop quantum cosmology

$$V_{\frac{1}{2}(|n|-1)} = 6^{-\frac{3}{2}} l_P^3 \sqrt{(|n|-1)|n|(|n|+1)}$$

where $n \in \mathbb{Z}$ is an integer label of the eigenvalues and l_P is the Planck length.

That also time is discrete can be seen from the evolution equation for the wave function $s_n(\phi)$ (replacing $\psi(a, \phi)$ of the Wheeler–DeWitt quantization) which is a difference equation:

$$\begin{aligned} & (V_{\frac{1}{2}|n+4|} - V_{\frac{1}{2}|n+4|-1})s_{n+4}(\phi) - 2(V_{\frac{1}{2}|n|} - V_{\frac{1}{2}|n|-1})s_n(\phi) \\ & + (V_{\frac{1}{2}|n-4|} - V_{\frac{1}{2}|n-4|-1})s_{n-4}(\phi) = -\frac{1}{3}\kappa l_P^2 \hat{\mathcal{H}}_\phi(n)s_n(\phi) \end{aligned}$$

where $\kappa = 8\pi G$ is the gravitational constant and $\hat{\mathcal{H}}_\phi(n)$ the matter Hamiltonian for a field ϕ .

Instead of the usual internal time a we have the discrete time n whose norm is the eigenvalue of the operator $6\hat{a}^2/l_P^2$. At large volume (large n) the Wheeler–DeWitt equation

$$\frac{1}{6}l_P^4 a^{-1} \frac{\partial}{\partial a} \left(a^{-1} \frac{\partial}{\partial a} (a\psi(a, \phi)) \right) = -\kappa \hat{\mathcal{H}}_\phi(a)\psi(a, \phi)$$

is recovered (in this ordering) as a continuum approximation.

At small volume the discreteness is essential and leads to a removal of the classical singularity at $a = 0$ as well as to a modified cosmological evolution.

The **Wheeler–DeWitt equation** quantizes the **Friedmann equation**

$$H^2 = (\dot{a}/a)^2 = \frac{2}{3}\kappa a^{-3}\mathcal{H}_\phi(a)$$

with the matter Hamiltonian $\mathcal{H}_\phi(a)$, e.g. $\mathcal{H}_\phi(a) = \frac{1}{2}a^{-3}p_\phi^2 + a^3V(\phi)$ for a scalar ϕ (not necessarily an inflaton) with momentum p_ϕ . It turns out that the **density** $d(a) := a^{-3}$, which is responsible for the **classical singularity**, becomes discrete and modified at small a by **quantum geometry effects**.

One obtains an **effective density** which equals a^{-3} for large a , but is **bounded** and becomes, e.g.,

$$d_j(a) \simeq \frac{12^6}{7^6}(\frac{1}{3}l_P^2j)^{-15/2}a^{12} \quad \text{if} \quad a^2 \ll \frac{1}{3}l_P^2j$$

where $j \in \frac{1}{2}\mathbb{N}$ labels a quantization ambiguity. The effective density **increases** with a until $a^2 \simeq \frac{1}{3}l_P^2j$ where the classical behavior is approached (see Fig. 1). Thus, quantum geometry yields the **effective Friedmann equation**

$$H^2 = (\dot{a}/a)^2 = \frac{2}{3}\kappa a^{-3}(\frac{1}{2}d_j(a)p_\phi^2 + a^3V(\phi))$$

which we will study now.

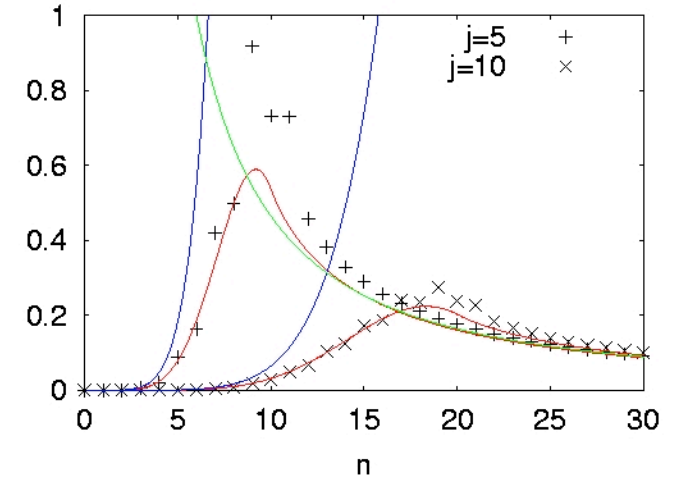


Figure 1: The effective density d_j (in Planck units; $n = 6a^2/l_P^2$) for two values of j : discrete eigenvalues of the operator (+ and x), the **continuum approximation** $d_j(a)$, the **small- a approximations** and the **classical density** a^{-3} .

From quantum geometry we derived the **effective Friedmann equation**

$$H^2 = (\dot{a}/a)^2 = \frac{2}{3}\kappa a^{-3}(\frac{1}{2}d_j(a)p_\phi^2 + a^3V(\phi))$$

where the **effective density $d_j(a)$** is **increasing** for small a . In standard, potential-driven inflation one has to arrange the evolution of the scalar in such a way that the **potential term dominates** over the kinetic term resulting in a right hand side of the Friedmann equation which does not decrease with a . This implies an accelerated expansion.

In our effective Friedmann equation, on the other hand, **both the kinetic term and the potential term increase with a** if a is small enough. Then, **even for a vanishing potential** we have the **super-inflationary expansion** (Fig. 2)

$$a(t) \propto (t_0 - t)^{-\frac{2}{9}} = (t_0 - t)^{\frac{2}{3(1+w)}} \quad \text{if} \quad a^2 \ll \frac{1}{3}l_P^2 j$$

with $w = -4$ at very small a where $d_j(a) \propto a^{12}$ is increasing. For larger a , $d_j(a)$ grows less strongly with a such that w decreases until the maximum of $d_j(a)$ is reached. At this point, inflation stops and the universe **exits gracefully** into a standard phase.

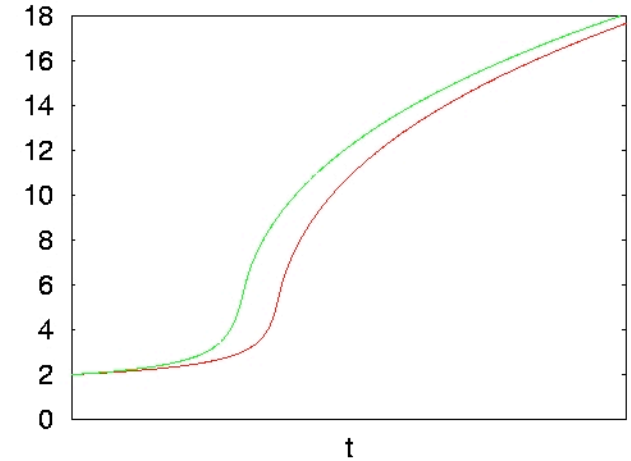


Figure 2: Solutions $a(t)$ (in Planck units) to the effective Friedmann equation with **vanishing potential** and a **small quadratic potential**, both with $j = 100$.

To know the amount of inflation we have to find out when inflation starts. However, this will be **inside the Planck regime** where we can no longer trust the effective equation for $a(t)$.

While the increasing behavior of the density $d_j(a)$ is true for all small a down to $a = 0$, it is not obvious from present techniques in which sense this would correspond to inflation. Rather than being described by a time evolution equation for $a(t)$, the universe evolves quantum mechanically, i.e. by the difference equation for our wave function $s_n(\phi)$. If the quantum evolution does correspond to inflation for all small values of a , as the density suggests, the number of **e-foldings** is certainly sufficient since $a(t_f)/a(t_i)$ would be arbitrarily large thanks to an arbitrarily small initial $a(t_i)$. In fact, the wave function shows the characteristic **de Sitter behavior** at all small a ($n = 6a^2/l_p^2 < 400$ in Fig. 3), but the Planck regime has to be better understood.

Quantum geometry predicts **new qualitative features in the cosmological context**. Quantitatively, however, they are affected by **quantization ambiguities** like j . Also the exponent l in the effective density $d_j(a) \propto a^l$ for small a is not unique, which affects the equation of state parameter w at early stages. It will, however, always be positive which implies inflation; in most cases it is even larger, $l > 3$, which means super-inflation.

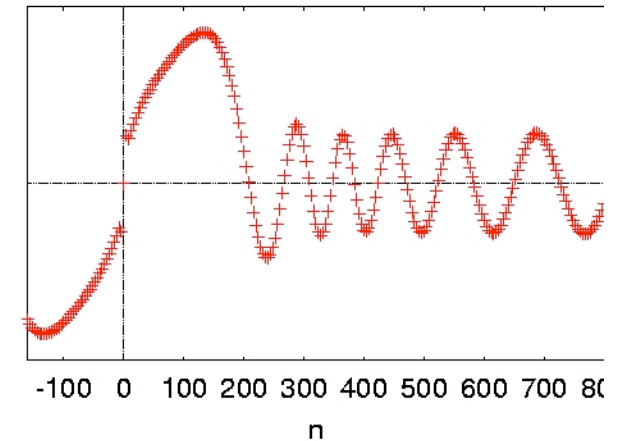


Figure 3: Solution s_n to the discrete time evolution equation ($j = 200$; negative n correspond to time before the classical singularity which is absent in the quantum description).

This scenario can be combined with standard inflation: the field ϕ will **increase** during the phase of the modified density. Thus, if we choose it to be the inflaton, it will acquire a **large initial value** for a second phase of potential-driven inflation.

One can choose the parameter j for one matter component so large that the corresponding density $d_j(a)$ is still growing at present values of a . While this is less natural, it leads to “phantom matter” with equation of state parameter $w < -1$ which could explain the small value of today’s cosmological constant. In this case, the effective Friedmann equation is

$$H^2 \propto (a/\sqrt{j}l_P)^9(\sqrt{j}l_P)^{-6} < (\sqrt{j}l_P)^{-6} < a^{-6}$$

which is very small since we need a very large $j > a^2/l_P^2$. In particular, the effective cosmological constant $\Lambda = H^2$ would be time dependent via the scale factor a .

References

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